

CAPT NATIONAL CONFERENCE 2024



CANADIAN ASSOCIATION
OF PHARMACY TECHNICIANS



May 31 to June 2, 2024

Sheraton On the Falls Hotel

5875 Falls Avenue

Niagara Falls, ON L2E 6W7

CAPT CONFERENCE PROGRAM

MAY 31ST - JUNE 2, 2024
SHERATON FALLSVIEW HOTEL
NIAGARA FALLS, ON



CANADIAN ASSOCIATION
OF PHARMACY TECHNICIANS

FRIDAY May 31st

2:00 pm Provincial Representatives Meeting
3:30 pm CAPT Annual General Meeting
7:00 pm Welcome Reception with Exhibitors

SATURDAY June 1st

8:00 am Continental Breakfast with Exhibitors
8:40 am Welcome Remarks
8:45 am **Perspectives on Pharmacy and the Smoking Cessation Journey: Pharmacists creating a safe space to foster and enable patient success**
Sponsored by ZONNIC
9:45 am **Inhaled Delivery Devices – Optimizing Respiratory Care in the Pharmacy**
Sponsored by Trudell Healthcare Solutions
10:45 am Refreshment Break with Exhibitors
11:00 am **Food Allergy, Anaphylaxis & Treating with Epinephrine**
12:00 pm Exhibitor Buffet Lunch
1:00 pm Sponsors Draws & Prizes
1:15 pm **Pharmacy Technicians - On the Front Line of the Climate Crisis**
2:15 pm **Battling the Opioid Crisis: The Ins and Outs of Opioid Agonist Therapy for Pharmacy Technicians**
3:15 pm Refreshment Break *Sponsored by Taro Pharmaceuticals*
3:30 pm **Therapeutic Considerations of Biosimilars for Pharmacy Technicians**
4:30 pm Closing Remarks for the Day
5:30 pm Clifton Hills DELUXE PASS *Sponsored by ZONNIC*

SUNDAY June 2nd

7:45 am Continental Breakfast Sponsored by Accord Health
8:00 am **Opioids: Mode of Action & Considerations for LE**
9:00 am **Unlocking Career Success - Expert Advice from a Pharmacy Sector Recruitment Veteran**
10:00 am **Pharmacy Technicians Role In Medical Assistance In Dying**
11:00 am Refreshment Break Sponsored by Contec Healthcare
11:15 am **Opioid Poisoning Response Training**
Sponsored by Emergent
12:15 pm Closing Remarks

9 CEUs PENDING CCCEP APPROVAL

CAPT National Professional Development Conference May 31 - June 2, 2024



REGISTRATION

All registrations are to be completed online at www.capt.ca/event/pdc

Online Registration Sponsored by

HEALTHMARK

CAPT Member Full Registration \$500.00

Non-Member Full Registration \$525.00

Student Full Registration \$375.00

Additional Guest Tickets

Friday Welcome Reception Only \$45.00

Saturday Event Only \$35.00

Registration Cancellation & Refund Policy

1. A \$25 service charge applies to all registration cancellations submitted via email and received before Saturday, May 17th, 2024. A registrant must provide the registration confirmation number when submitting a cancellation request.
2. Cancellation requests will NOT be taken over the telephone, fax or by mail.
3. Refunds will not be issued on cancellations received after May 17th, 2024.
4. Conference no-shows are ineligible for a refund.

Sponsors

Our conference would not be possible without the generous support of our sponsors. Their support allows us to provide excellent speakers and topics as well as offset our conference expenses. Thanks to their sponsorship we are able to keep our registration fees affordable for our delegates.

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ANNUAL GENERAL MEETING



CAPT Annual General Meeting *(Members Only)*

Friday, May 31st, 2024
3:30 PM – 4:15 PM
Great Room A

Please join us for the CAPT Annual General Meeting where members will be updated on CAPT's activities since 2020.

All CAPT members are welcome.



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WELCOME RECEPTION



CANADIAN ASSOCIATION
OF PHARMACY TECHNICIANS

Exhibitor Welcome Reception **Friday, May 31st, 2-24** **7:00 PM – 9:00 PM** **Great Room B**

Our first event of the weekend is the Exhibitor's Welcome Reception* from 7:00 pm to 9:00 pm.

Drop in to collect your conference registration and stay for a complimentary beverage and snacks.

Mingle with all our amazing exhibitors who are here to meet with you and discuss your profession!

**One ticket is included in Full Conference Registration Package.*

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Perspectives on Pharmacy and the Smoking Cessation Journey:

Pharmacists creating a safe space to foster & enable patient success

Sponsored by ZONNIC

Saturday, June 1st, 2024 @ 8:45 am

Learning Objectives for this session:

1. Understand the current state of smoking and smoking cessation in Canada.
2. Describe the characteristics of a safe smoking cessation pharmacy environment.
3. Identify how to build or expand a successful, sustainable smoking cessation service.
4. Recognize the critical role that pharmacists and pharmacy team members can play in supporting smokers to change their behavior and the effective use of NRT products for smoking cessation.
5. Discuss a new oral nicotine replacement product now available in Canada.

Connie Marshall, B.Sc. (Pharm), CDE, Director, Expert Content at IPG Health Expert

Connie graduated from Memorial University, Faculty of Pharmacy in 1997 and began her career as a community pharmacist in rural Newfoundland and Labrador.

In 2007, Connie relocated to Ontario to join Walmart Canada where she held various senior management positions until 2019. She helped to develop Walmart's CDE Program, a program designed to provide pharmacists with the education, resources and business skills to enhance their diabetes practice and achieve certification as a CDE (Certified Diabetes Educator).

Connie joined McCann Pharmacy Initiative as the Vice-President of Program Development. In 2022, Connie joined a global health marketing and communications company as the Director of Expert Content. Connie maintains practice licensure and regularly performs relief work to remain engaged in pharmacy practice.

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INHALED DELIVERY DEVICES OPTIMIZING RESPIRATORY CARE IN THE PHARMACY

Sponsored by Trudell Healthcare Solutions

Saturday, June 1st, 2024 @ 9:45 am

With the widespread national prevalence of asthma and COPD, it is essential to examine the integral role of the pharmacy within the care pathway of a respiratory patient.

In this session, Fabio De Rango, B.Sc. Pharm, RPh, CDE, will explore the ways in which pharmacy teams can better support those living with asthma or COPD by addressing the impact of incorrect inhaler technique, reviewing the use of spacers for improved clinical effectiveness, and emphasizing the importance of patient empowerment through counselling tools and self-management techniques for superior disease control. Together, we will also consider how to adequately equip those working behind the counter with the resources required to guide patient conversations and optimize medication delivery for enhanced patient outcomes.

Learning Objectives: In this session, we will..

- Recognize national prevalence of asthma & COPD, while reviewing guideline recommendations for disease management
- Learn about the necessity of selecting the right inhaler for the individual patient
- Address the impact of incorrect inhaler technique on medication deposition
- Explore the clinical benefits of spacer use as an essential aspect of the MDI delivery system
- Identify counselling tips that can help to empower patients with self-management skills
- Understand the role of the pharmacy team in optimizing patient outcomes for those living with asthma & COPD

Fabio De Rango, B.Sc. Pharm, RPh, CDE

Fabio De Rango graduated from the Leslie Dan Faculty of Pharmacy, University of Toronto in 1999. After graduation he joined Shoppers Drug Mart as a staff pharmacist and acquired his first store in 2002. He now owns and operates three locations in Oakville and Burlington.

In addition to operating multiple locations, Fabio employs his unique background in retail pharmacy to his roles as a Clinical Instructor with the Leslie Dan Faculty of Pharmacy, University of Toronto, Preceptor for the University of Toronto Pharm D program, Preceptor for the Ontario College of Pharmacists, Guest Lecturer at the University of Toronto and University of Waterloo, and globally as a working member of iPACT (International Pharmacists Anticoagulation Care Task Force). iPACT has published many community and clinical based research papers including international guidelines in the area of anticoagulation and point of care screening/testing.

FOOD ALLERGY, ANAPHYLAXIS & TREATING WITH EPINEPHRINE

Saturday, June 1st, 2024 @ 11:00 am

Recent research on epinephrine has revealed its underuse by patients experiencing anaphylaxis prior to arrival at hospital. This session will review the basics of food allergy and anaphylaxis, proper administration of epinephrine, how it leads to improved outcomes, and common barriers to its use.

Learning objectives:

- Describe IgE-mediated food allergy, signs/symptoms, and risk of anaphylaxis
- Explain the importance of epinephrine as first line-treatment for anaphylaxis
- Demonstrate the administration of epinephrine auto-injectors
- Identify opportunities for greater patient education on epinephrine and its use

Jennifer Gerdts

Jennifer Gerdts is the Executive Director of Food Allergy Canada, a national non-profit charity helping Canadians live safely and confidently with food allergy. Jennifer's interest in food allergies is driven by the experience of raising twin boys with multiple food allergies. Her prior professional experience was in strategy development, planning and organizational effectiveness for clients in the pharmaceutical, financial, industrial equipment and consumer goods sectors.

Dr. Harold Kim

Dr. Harold Kim practices as an allergist in Kitchener and London, Ontario. He has appointments as Associate Professor at Western University and Assistant Clinical Professor at McMaster University.

Dr. Kim is the Chief/Chair of the Division of Clinical Immunology and Allergy at Western. He completed his MD, Internal Medicine and Allergy training at UWO. He has been involved in clinical research leading to over 80 peer reviewed publications. He is Chief editor of Allergy, Asthma and Clinical Immunology, and he is the past president of the Canadian Society of Allergy and Clinical Immunology. His primary passion in Clinical Immunology and Allergy is patient care and medical education.



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PHARMACY TECHNICIANS: ON THE FRONT LINE OF THE CLIMATE CRISIS

Saturday, June 1st, 2024 @ 1:15 pm

This presentation will provide insight on the relationship between planetary health and pharmacy. The impact of the climate crisis on health and healthcare systems will be explored along with strategies that technicians can implement within their own practice.

Pharmacy has an important role to play in addressing climate change challenges.

Learning Objectives

- Understand the impact of climate change on human health and healthcare systems.
- Explore how the practice of pharmacy in Canada contributes to climate change.
- Learn about mitigation strategies that technicians can implement in their practice.
- Learn about adaptation strategies to utilize for various climate crisis related situations.
- Introduction of the Canadian Association of Pharmacy for the Environment (CAPhE) and its work.



Michelle Keirstead

Michelle Keirstead is a Pharmacy Technician practicing with Create Compounding Pharmacy in Moncton. She was a graduate of the 2002 Eastern College Pharmacy Technician program. In 2016, Michelle completed the Bridging and PEBC requirements becoming the 25th Registered Pharmacy Technician in the province of NB. Over her 20-year career she has had the pleasure of working in hospital, community, addiction services, and education. Recently, she began volunteering with the Canadian Association of Pharmacy for the Environment (CAPhE) as a communications co-lead. CAPhE has allowed Michelle to be active in an area that she has always been passionate about, bringing her love of pharmacy and the environment together.



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BATTLING THE OPIOID CRISIS:

The Ins and Outs of Opioid Agonist Therapy for Pharmacy Technicians

Saturday, June 1st, 2024 @ 2:15 pm

Helping pharmacy technicians further their understanding of opioid agonist therapies, including methadone and various forms of buprenorphine, in the context of the opioid crisis in Canada. Learn about the role pharmacy technicians can play in dispensing opioid agonist therapy while ensuring all legal requirements are met.

Learning Objectives:

- Recognize the impact of opioids in Canada
- Understand the different agents used to treat opioid use disorder including methadone, buprenorphine/ naloxone, and buprenorphine depot
- Compare and contrast forms of buprenorphine and their administration
- Identify legal requirements for dispensing opioid agonist therapy and the role of pharmacy technicians in the setting of opioid agonist therapy

Alli Meyer, BSc, PharmD, RPh

Alli Meyer is a staff pharmacist at Kristen's Pharmacy in Southampton, Ont. Having grown up in a rural area, she has seen the impacts of opioid use and opioid agonist therapy first-hand, which sparked her passion for mental health and addictions.

In 2023, she completed her Doctor of Pharmacy from the University of Waterloo. She has spent time working in a methadone clinic directly alongside addictions specialists with a focus on harm reduction and individualized patient care in order to meet patients where they are at. In the fall of 2023, she returned to her roots and now assists with the unique opioid agonist therapy program at Kristen's Pharmacy.



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Therapeutic Considerations of Biosimilars for Pharmacy Technicians

Saturday, June 1st, 2024 @ 3:30 pm

The learning objectives for this session are:

- Define biologics and biosimilars
- Interpret the Health Canada Biosimilar guidance and its meaning in day to day practice
- Critically evaluate the current landscape, including biases relevant to biologics and biosimilars, and explore clinical considerations relevant to the pharmacist
- Describe the implications of payer policy in the context of the Health Canada biosimilar guidance and the implications for patients and your practice
- Apply key considerations, relevant to patients, that the pharmacy professionals can influence that may impact product selection and the nocebo effect
- More effectively engage specialist physicians/prescribers to help address unmet patient needs.

Siva Sivapalan

Siva is a community pharmacist and primary care pharmacist at the Hamilton Family Health Team. Both roles involve in depth diabetes education. He has practiced just over 14 years in Canada and UK in hospital, community, and primary care practice settings. He is passionate about patient-care and working closely with his physician/nurse colleagues to improve it. He's won Niagara this week's Readers choice pharmacist for the last 6 years in a row and the 2022 Ontario Pharmacists Association Bowl of Hygeia Award for his dedication to community service.



SATURDAY NIGHT!

Sponsored by ZONNIC

DELUXE CHOICE GROUP PACKAGE

Your Package Includes:

- Movieland Wax Museum or Zombie Attack
- Dinosaur Adventure or Wizards Golf
- Cosmic Coaster or Ghostbusters Dark Ride
- Niagara SkyWheel

Included in
your
Conference
Registration

Clifton Hill

Saturday, June 1st, 2024 @ 5:30 pm

Delegates receive a complimentary DELUXE TICKET to Clifton Hills. The night is yours to explore the park and partake in the rides, attractions and local dining.

Clifton Hill, Niagara Falls' premier destination, offers a vibrant mix of attractions, dining, and entertainment just a block from Horseshoe Falls. The Street of Fun boasts must-visit spots, including the thrilling Niagara Speedway and Canada's Largest Giant Wheel, the Niagara Skywheel, providing unparalleled views of Niagara Falls.

Don't miss the unforgettable Hornblower Niagara Cruises at the base of Clifton Hill, along with nearby Niagara Parks attractions like Queen Victoria Park and Oakes Garden Theatre.

The excitement on Clifton Hill extends into the night, with various nightlife options within walking distance or a short cab ride away. Experience the renowned Greg Frewin Theatre, featuring the captivating "Wild Magic" show—all within the vibrant Clifton Hill tourist district.

ZONNIC

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OPIOIDS: MODE OF ACTION & CONSIDERATIONS FOR LAW ENFORCEMENT

Sunday, June 2nd, 2024 @ 8:00 am

Learning Objectives

- Most popular illicit drugs
- Illicit uses of fentanyl
- Dangers related to opioids including fentanyl
- Other opioids
- What is to come next from the synthetic drugs world

Sgt JP Charlebois

Sgt. JP Charlebois joined the RCMP in 1990. He was first posted in the outskirts of Montreal working on various federal statutes including drug investigation. His first drug course was in 1991 at the RCMP HQ in Montreal. In 1992, he successfully passed the Canadian Police college Drug Investigative Techniques Course.

More recently, he was transferred at the Canadian Police college in 2022 and assumed the national drug courses for the college portfolio;
Clandestine Laboratories Investigation Course (CLIC)
Drug Investigative Techniques Course (DITC)
Hazardous Environment Recognition Training (HERT)
Site Safety Supervisor (SSSC)

JP is also an expert resource for the RCMP policy centre when it comes to drug matters.

SUNDAY PROGRAMS



Unlocking Career Success:

Expert Advice from a Pharmacy Sector Recruitment Veteran

Sunday, June 2nd, 2024 @ 9:00 am

Jennifer Andrew will assist conference delegates by offering career insights and addressing job search and professional development queries. She will share expertise, ideas and guidance tailored for conference participants. Don't miss this opportunity to elevate your career journey and unlock your professional potential!

Learning Objectives:

This session will provide a deep dive into:

- Canadian Pharmacy Technician job prospects and career paths, application and resume strategies, negotiating employment packages, LinkedIn and job board mastery*
- Professional preparation and presentation for in-person and virtual interviews (including leveraging AI)*
- Exploring leadership development ideas and options for Pharmacy Technicians.*

Jennifer Andrew, Director, Health Services

Jenn spent 9 years as a Pharmacy Assistant and Asst Manager with Shoppers Drug Mart, then worked as a Recruitment Leader with Randstad for 10 years. Jenn then operated MediPharmDirect Inc as Managing Director for +10 years and then in 2020, returned to Randstad as Director, Health Services.



PHARMACY TECHNICIANS ROLE IN MEDICAL ASSISTANCE IN DYING



Sunday, June 2nd, 2024 @ 10:00 am

At the conclusion of this session learners will have an overview of the legal and governmental requirements relating to Medical Assistance In Dying. An overview of the Kits used in community pharmacy and how to source the items dispensed. Insight into the role pharmacy technicians can have in the dispensing of community MAID kits.

Learning Objectives

- Understanding MAID
- Recognize the legal requirements of MAID
- Preparing MAID kits in the community Pharmacy
- Explore the technicians role

Sheena Deane

Ms. Deane graduated from St Clair College Pharmacy Assistant Program in 1986. As a pharmacy assistant, she worked in various retail pharmacies, third-party insurance industry and a hospital pharmacy expanding her knowledge and skills. Sheena successfully completed all requirements to become one of the first registered pharmacy technicians with OCP in December of 2010.

In 2001, Ms. Deane was elected to the Board of Directors of the Canadian Association of Pharmacy Technicians (CAPT) At first, she was Director of Administration, then Director of Finance and now Vice President. In 2022, Sheena was elected President of the Canadian Council on Continuing Education in Pharmacy (CCCEP), the first pharmacy technician in that role. Sheena's continued work with CAPT and passion for the profession promotes growth of our role as pharmacy professionals. Sheena Deane currently works for Kristen's Pharmacy in Southampton, managing the dispensary and practicing to full scope and loving it!

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Opioid Poisoning Response Training

*Saturday, June 1st, 2024 @ 11:15 am
Sponsored by Emergent BioSolutions*

St. John Ambulance's Opioid Poisoning Response Training is a trauma-informed and destigmatized approach to opioid poisoning awareness. The session will include information on stigma & harm reduction, how to respond to an opioid poisoning, how to administer nasal naloxone, and self-care for the responder after a traumatic event.

Learning Objectives:

1. Define drug stigmatization and harm reduction
2. Learn to recognize an opioid poisoning emergency
3. Understand how to administer naloxone using SAVEME steps, and identify potential complications related to the administration of naloxone.
4. Reflect on best self-care practices to manage the aftercare of this emergency.

Morgan Tryon

Morgan is based out of Hamilton Ontario, and has an educational background in Mental Health & Disability Management. She has been with St. John Ambulance's National Office Training Team for over three years, and is currently acting as the National Facilitation Lead for the Mental Health and Wellness programs.

Prior to transitioning into her current role, Morgan acted as National Facilitation Lead for SJA's Opioid Poisoning Response Training program for two years. During this time she helped to facilitate the OPRT trainings, train OPRT instructors through the Train the Trainer program, and develop a strong community of practice for all SJA OPRT Facilitators. She is passionate about harm reduction, and the destigmatization of mental health and substance use.

CAPT BOARD



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OUR MISSION

Mission Statement

The Canadian Association of Pharmacy Technicians (CAPT) is a national organization advocating and promoting the profession of pharmacy technicians and assistants. Our goals as an organization are to:

- 1. Promote and educate the public and other healthcare professionals on the scope of practice of pharmacy technicians and their importance.*
- 2. Advocate for the pharmacy profession as a whole.*

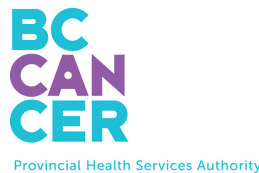
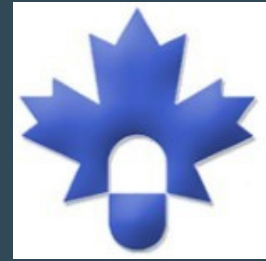
Vision

To be the leading voice in enhancing the profession and empowering pharmacy technicians with the Canadian healthcare landscape by:

- 1. Providing professional development and networking opportunities to our members.*
- 2. Enhancing professionalism through education and collaboration.*



OUR SPONSORS



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